

Carole Lilly, LMBT

Therapeutic Massage

NC License #7803



Corporate Massage

Corporate massage is for organizations that care about the health and well being of their employees. Providing chair massage at employee appreciation days, corporate events, or as an ongoing part of wellness programs offers a time to relax, refresh and renew.

Studies conducted by the Touch Research Institute have found that a 15 minute chair massage results in decreased job stress, increased alertness, and increased speed and accuracy of math computations. In addition, massage helps relieve back, neck, shoulder, arm, and hand tensions that contribute to repetitive stress injuries. Chair massage is a wonderful addition to any work day.

Events and Festivals

Offer your customers, prospects or event participants a relaxing, renewing massage session and they are bound to remember you! Attracting a crowd couldn't be easier.

How does it work?

- *Performed at your workplace, convention, meeting, or event location.*
- *Clients are seated upright in a comfortable, ergonomically designed massage chair and remain fully clothed. No oils or lotions are used. Chair massage is a wonderful way to introduce yourself to the benefits of massage.*
- *Individual sessions are typically scheduled 10 or 15 minutes in duration.*

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